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## Keynote Offer

You find the keynote offer attached.

Details can be adjusted to suit your needs.

Thanks, Michael



# Keynote - The Challenger Mindset: Resilience, Change & Motivation

This keynote seamlessly blends Wigge's thrilling adventure challenge "How to Travel the World for Free" adventure with insights on:

- Change management
- Resilience and motivation
- Time management
- Overcoming barriers

'How to Travel the World for Free' is the unbelievable attempt of motivational speaker Michael Wigge to travel 25,000 miles from Germany to Antarctica - without any money.

Throughout his intense journey, Wigge immerses himself in captivating subcultures, pushes himself to sleep on the streets, and barter for food and travel. Each experience challenges him to step far beyond his comfort zone, testing his resilience and adaptability.

With the collaborative effort of over 100 people along the way, Wigge manages to secure free food, accommodation, and transportation for his remarkable 150-day journey across four continents and eleven countries.

Each connection he forges helps him sustain his travels and enriches his experience, as he learns from the diverse individuals who support him along the way.

Wigge's engaging talk offers practical strategies to help individuals leave their comfort zone, motivate themselves, and achieve goals enjoyably. He demonstrates how managers and employees can transform motivation and the desire for change from mere wishes into tangible outcomes.



### Learning Objectives:

- Overcome fear and resistance to maintain motivation
- Step out of your comfort zone to foster growth, change, and success
- Understand the 7 pillars of resilience
- Implement SMART goal setting
- Embrace failure as a stepping stone and develop Plan B
- Navigate the seven emotional phases of change management

### Background Michael Wigge:

Traveling 25,000 miles around the world without money, exploring Europe blindfolded, riding a kick scooter across Germany in 80 days, and reaching his dream house in Hawaii by bartering for bigger and better from a bitten apple—these are just some of the unusual challenges that Michael Wigge has taken on, which aired as entertaining TV documentaries.

His self-experiment "How to Travel the World for Free" became a resounding success. The acclaimed TV show aired on PBS and was published as a book of the same title by Skyhorse Publishing. Wigge was invited to present his remarkable challenges on The Tonight Show and The Today Show.

- Speaker website: <https://my-challenge-coach.com/motivational-speaker/business>
- Challenge trailer: <https://www.youtube.com/watch?v=5j9-Jf9gxig>
- Wigge on The Tonight Show: <https://www.youtube.com/watch?v=VwQ4SUCE604>
- TEDx Talk: <https://www.youtube.com/watch?v=eJWlyBFHTHQ>
- Keynote: <https://www.youtube.com/watch?v=RAHt3beeHLU&t=203s>

### Current references:

In the past month, Wigge had the opportunity to inspire teams at various organizations in the US, in Germany, and in Austria including:

- Annual meeting of the Colorado Association of Stormwater and Floodplain Managers. Wigge delivered a keynote to 500 members on motivation and leadership that energized the staff and fostered a collaborative spirit. Contact: [sheathomas888@gmail.com](mailto:sheathomas888@gmail.com)



- Bauer Group annual leadership meeting in Salzburg, Austria: Wigge delivered a keynote to their leadership team on change management. Contact Ms. Pekel: [Burcu.Pekel@bauer.de](mailto:Burcu.Pekel@bauer.de)
- Von Poll Real Estate conference VIP Connect in Frankfurt Germany: He engaged 350 real estate agents with a motivational talk to rekindle their passion and develop growth in challenging times. Contact: [vip-connect@von-poll.com](mailto:vip-connect@von-poll.com)

## Summary

<b>KEYNOTE - CHALLENGER MINDSET</b>
FULL DAY ATTENDANCE
<b>ADDITIONAL AND COMPLEMENTARY MINI WORKSHOP AVAILABLE</b>
CONTENT: KEYNOTE COMBINED „HOW TO TRAVEL THE WORLD FOR FREE“ ADVENTURE

SERVICE	FEES	SCOPE	DATE
KEYNOTE		FULL DAY ATTENDANCE	

*Michael Wigge*

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CLIENT

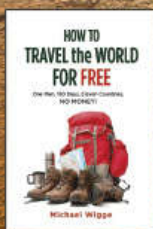
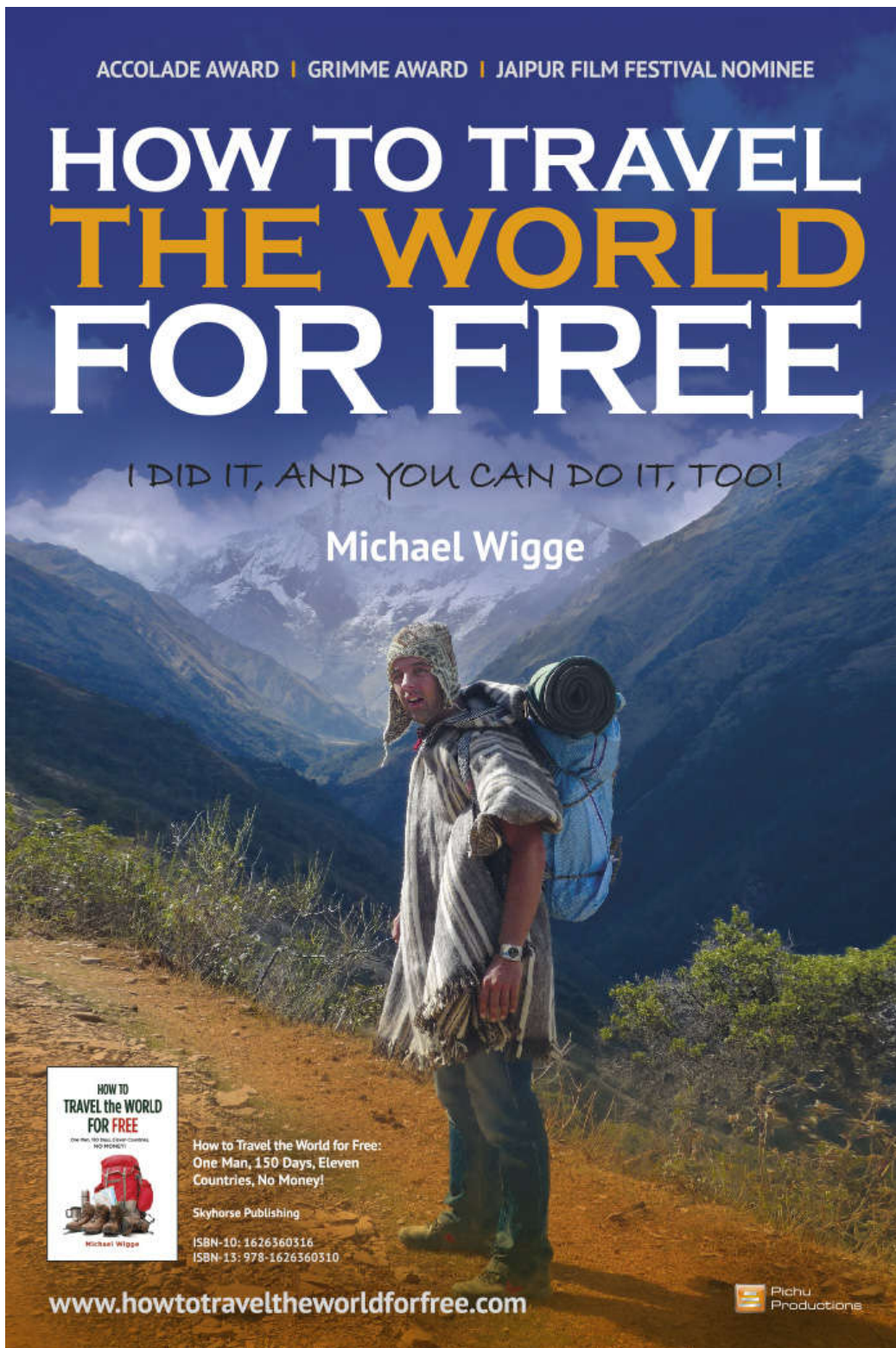


ACCOLADE AWARD | GRIMME AWARD | JAIPUR FILM FESTIVAL NOMINEE

# HOW TO TRAVEL THE WORLD FOR FREE

I DID IT, AND YOU CAN DO IT, TOO!

Michael Wigge



How to Travel the World for Free:  
One Man, 150 Days, Eleven  
Countries, No Money!

Skyhorse Publishing

ISBN-10: 1626360316  
ISBN-13: 978-1626360310

[www.howtotraveltheworldforfree.com](http://www.howtotraveltheworldforfree.com)

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Productions

